



Rye and Caraway Bread



Prep: 20 mins/Cook: 50 mins/Stand: 2 hrs



Makes: 1 loaf



the Smart Oven™ Air Fryer

2½ cups (350g) bread flour, divided 2 cups (250g) dark rye flour 2 tsp instant dried yeast 2 tsp fine salt 3 tsp fennel seeds 2 tsp caraway seeds 50g molasses 1% cups (400ml) warm water

- Place 1% cups (250g) bread flour, rye flour, yeast, salt, seeds and molasses in the bowl of a bench mixer. Using the dough hook, mix on low speed to combine. Add the warm water and mix until the dough starts coming together.
- 2. Add the remaining flour and knead on medium speed for 10 minutes or until the dough is smooth and elastic.
- Cover the bowl with plastic wrap and let the dough proof in a warm, draft-free place for 1 hour or until doubled in size.
- Flour a 25cm x 15cm oval or 23cm round proofing basket. If you don't have a proofing basket, flour a baking tray.
- 5. Turn the dough out onto a lightly floured surface and roll into a tight ball then shape into a 20cm log. Place the dough into the floured basket or on the baking tray. Loosely cover with plastic wrap and let the dough proof in a warm, draft-free place for 1 hour or until the dough rises to the top of the basket.
- 6. Place the wire rack in position 3.
- Set the oven to BAKE > 180°C > CONVECTION > 50 MINUTES to preheat.
- 8. If using a proofing basket, flour a baking tray and gently turn the dough out onto the floured tray.
- Once preheated, place the dough in the oven and cook until golden brown and sounds hollow when the base is tapped.
- 10. Cool bread on a wire rack.





Banana Bread



Prep: 20 mins/Cook: 1 hour 20 mins/Stand: 10 mins



the Smart Oven™ Air Fryer

Makes: 1 loaf

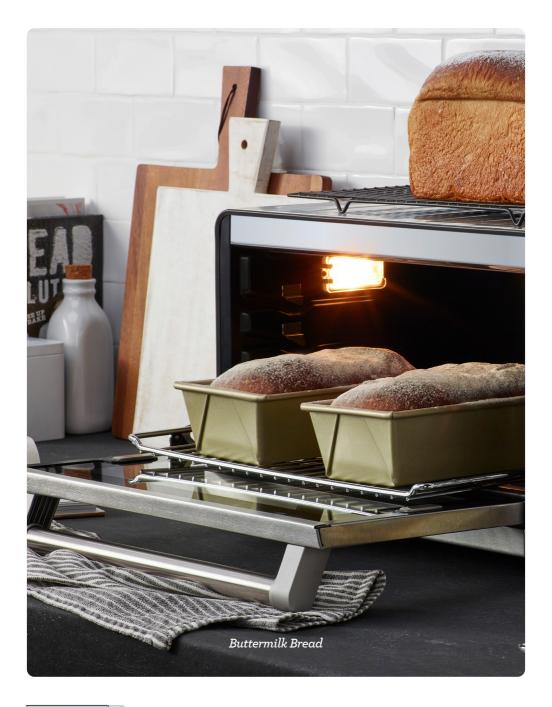
1½ cups (340g) mashed banana (See Note) 1 cup (220g) brown sugar 3 eggs, lightly beaten ½ cup (80ml) grapeseed oil % cup (80ml) milk 1% cups (255g) plain flour 3 tsp baking powder ½ tsp fine salt

Method

- 1. Grease and line a 21cm x 11cm, 7cm deep loaf pan with baking paper.
- 2. Place the mashed banana, sugar, eggs, oil and milk in a large bowl and whisk to combine.
- 3. Sift the flour, baking powder and salt. Add the dry ingredients to the banana mixture and stir to combine.
- 4. Place the wire rack in position 3.
- 5. Set the oven to BAKE > 160°C > CONVECTION > 1 HOUR 20 MINUTES to preheat.
- 6. Pour the batter into the prepared pan.
- 7. Once preheated, place the loaf in the oven and cook until a skewer inserted into the centre comes out clean.
- 8. Stand the bread in the pan for 10 minutes before turning onto a wire rack to cool.

Note:

You will need about 3 large overripe bananas.





Buttermilk Bread



Prep: 20 mins/Cook: 40 mins/Stand: 2 hrs



Makes: 1 loaf



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% cup (160ml) buttermilk

1/3 cup (80ml) warm water

2 cups (300g) bread flour, plus extra for dusting 2 tsp salt

3 tsp sugar

2 tsp instant dried yeast

20g unsalted butter, at room temperature, plus extra to grease

- Combine the buttermilk and the warm water in a bowl. Place the flour, salt, sugar and yeast in the bowl of a bench mixer. Using the dough hook, mix on low speed to combine.
- Slowly add the buttermilk mixture and knead on medium speed for 7 minutes or until the dough is smooth and elastic.
- 3. Add the butter and continue kneading until the butter is worked into the dough.
- 4. Cover the bowl with plastic wrap and let the dough proof in a warm, draft-free place for 1 hour or until doubled in size.
- 5. Grease a 23cm x 13cm loaf pan with butter and coat with flour, shaking out the excess flour.
- 6. Turn the dough out onto a lightly floured surface and knead until smooth. Shape the dough into an 20cm log and place into the pan. Loosely cover with plastic wrap and let the dough proof in a warm, draft-free place for 1 hour or until it rises to just above the pan.
- 7. Place the wire rack in position 3.
- 8. Set the oven to BAKE > 180°C > CONVECTION > 40 MINUTES to preheat.
- Carefully remove the plastic wrap. Place the extra flour in a sieve and lightly dust the loaf with flour.
- 10. Once preheated, place the loaf in the oven and cook until golden brown.
- 11. Cool in the pan for 10 minutes before turning onto a wire rack.





Gluten Free Bread



Prep: 20 mins/Cook: 50 mins/Stand: 2 hrs



Makes: 1 loaf



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1/4 cup (60ml) olive oil, plus extra for brushing

3 cup (160ml) almond milk

34 cup (180ml) warm water

2 tsp malt vinegar

2½ cups (375g) gluten-free all-purpose flour

1/3 cup (25g) psyllium husk

2 tsp xanthan gum

2 tsp fine salt

3 tsp instant dried yeast

¼ cup (45g) mixed seeds (flaxseed, chia, fennel, poppy, sesame)

1 tbsp honey

- 1. Combine the oil, almond milk, warm water and vinegar in a jug and whisk together.
- Place the flour, psyllium husk, xanthan gum, salt, yeast, seeds and honey in the bowl of a bench mixer. Using the dough hook, mix on medium speed to combine.
- 3. Slowly add the milk mixture and knead for 10 minutes.
- 4. Line the pizza pan with baking paper.
- Turn the dough out onto a lightly floured surface and shape into a ball. Place the dough onto the lined tray.
 Cover loosely with plastic wrap and place in a warm, draft-free place for 1-2 hours or until it starts to crack.
- 6. Place the wire rack in position 3.
- Set the oven to BAKE > 180°C > CONVECTION > 50 MINUTES to preheat.
- 8. Remove the plastic wrap and brush the loaf with extra oil.
- 9. Once preheated, place the loaf in the oven and cook until golden brown.
- 10. Cool bread on a wire rack.





Raspberry, Apple and Coconut Muffins



Prep: 20 mins/Cook: 17 mins per tray



Makes: 12 muffins



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1 cup (90g) rolled oats 2¼ cups (360g) wholemeal plain flour 1 tsp ground cinnamon 2½ tsp baking powder 2 cups (500ml) buttermilk

3 eggs

1/3 cup (80ml) grapeseed oil

% cup (120g) honey
% cup (65g) brown sugar
1 tsp vanilla bean paste
250g fresh or frozen raspberries
1 red apple, cored, cut into 5mm pieces
% cup (25g) shredded coconut

- 1. Combine the oats, flour, cinnamon and baking powder in a large bowl.
- 2. Place the buttermilk, eggs, oil, honey, sugar and vanilla in a separate bowl and whisk together.
- 3. Fold the egg mixture into the dry ingredients until just combined.
- 4. Fold through the raspberries, apple and coconut.
- 5. Place the wire rack in position 3.
- 6. Set the oven to BAKE > 180°C > CONVECTION > 17 MINUTES to preheat.
- Line a 6-hole muffin pan (½-cup capacity) with paper cases. Divide half the batter among the prepared muffins cases.
- 8. Once preheated, place the muffins in the oven and cook for 17 minutes or until a skewer inserted into the center comes out clean.
- 9. Repeat with the remaining batter.