



Raspberry, Pear & Vanilla Smoothie

Raspberry, Pear & Vanilla Smoothie



Prep 10 minutes



Makes 1.5L / Serves 4

300g reduced fat vanilla yoghurt

2 pears, quartered

2 bananas, halved

200g frozen raspberries

350ml reduced fat milk

Method

1. Place ingredients into blender jug and secure lid.



SMOOTHIE

until program finishes.



Prep 10 minutes



Serves 1

½ pear, chopped

½ banana, chopped

120g frozen raspberries

180ml reduced fat milk

100g reduced fat vanilla yoghurt

Method

1. Place ingredients into personal blender cup and secure blade assembly.



SMOOTHIE

until program finishes.