



Acai Beet & Berry Bowl

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Prep 10 minutes

Makes 25oz (.75L) / Serves 2

1 frozen banana, chopped

¾ cup (100g) frozen blueberries

1 packet (100g) frozen acai berry pulp

½ small beet, peeled, chopped

1/3 cup (40g) organic granola

*1 tablespoon whey or vegan protein powder
(optional)*

¾ cup (180ml) chilled coconut water

TO SERVE

Fresh blueberries, goji berries and granola

Method

- 1. Place ingredients into personal blender cup and secure blade assembly.
👉 GREEN SMOOTHIE / SMOOTHIE until program finishes. Blend longer if required.*
- 2. Divide smoothie evenly between 2 bowls.
Serve: top with fresh blueberries, goji berries, granola.*