



Pomegranate Berry Green Smoothie

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Prep 5 minutes



Makes 50oz (1.5L) / Serves 4

- 1 cup (240g) plain yogurt
 - 4 cups (100g) baby spinach leaves
 - 2 medium bananas, chopped
 - 2 cups (300g) frozen mixed berries
 - 2 cups (480ml) chilled pomegranate juice
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Method

1. Place ingredients into blender jug and secure lid.



GREEN SMOOTHIE / SMOOTHIE
until program finishes.



Prep 5 minutes



Serves 1

- ½ cup (120g) plain yogurt
 - 2 cups (50g) baby spinach leaves
 - 1 medium banana, chopped
 - 1 cup (150g) frozen mixed berries
 - ¾ cup (180ml) chilled pomegranate juice
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Method

1. Place ingredients into personal blender cup and secure blade assembly.



GREEN SMOOTHIE / SMOOTHIE
until program finishes.