



App'ocado Spice



the 3X Bluicer Pro™

Breville®

App'ocado Spice

 Prep 10 minutes

 Serves 4



the 3X Blucifer Pro™

*85g (approx. ½ large) ripe avocado flesh,
skin and stone removed*

1 tablespoon walnuts

½ teaspoon ground cinnamon

¼ teaspoon vanilla extract

120g (approx. 6) ice cubes

*600g (approx. 3) medium sized
Granny smith apples*

100g baby spinach

330g (approx. 2) Lebanese cucumbers

Ground nutmeg to garnish

Method

1. Add avocado, walnuts, ground cinnamon, vanilla extract and ice cubes into the blender jug and attach to juicer spout.
2. Turn variable speed dial to Speed 10 and juice apple and spinach.
3. Reduce speed to 4 and juice cucumbers.
4. Remove juicer attachment and place blender jug onto motor base. Close lid securely.
5. Select Green smoothie program.
6. Pour mix into tall glasses and serve topped with a sprinkle of nutmeg.