



*Beet the Blues*



*the 3X Bluicer Pro™*

**Breville**

# Beet the Blues

 Prep 10 minutes

 Serves 4



the 3X Bluicer Pro™

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*250g blueberries*  
*250g (approx. 2) medium pears,*  
*quartered and cored*  
*100g (approx. 5) ice cubes*  
*45g (approx. ½) peeled lemon*  
*300g (approx. 2) zucchini, top removed*  
*220g (approx. 2) medium beetroots,*  
*stalk trimmed*

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## Method

1. Add blueberries, pears and ice cubes into blender jug and attach to juicer spout.
2. Turn variable speed dial to Speed 1 and juice lemon.
3. Increase to speed 6 and juice zucchini.
4. Increase to speed 10 and juice beetroots.
5. Remove juicer attachment and place blender jug onto motor base. Close lid securely.
6. Select Green Smoothie Program.  
Serve immediately.