



Cool as a Cucumber

Breville

Cool As A Cucumber



Makes 2 cups (480ml)

4 persian cucumbers
1 green apple
4 large sprigs fresh mint
4 oz (120g) baby spinach leaves
¼ lemon, peeled



Makes 1 jug (70 fl. oz.)

16 persian cucumbers
4 green apples
16 large sprigs fresh mint
1 pound (450g) baby spinach leaves
1 lemon, peeled